



Gender Affirming Program Community Resource Guide

Last Updated August 2022

Disclaimer: This document was created to provide an easier way to navigate local Arizona resources and we do our best to vet all resources before recommending them. However, we recognize that our information may not always be up to date and may not be reflective of the organizations/individuals.

If you encounter any difficulties or discrepancies in the information listed below, please contact the Southwest Center's Gender Affirming Program at 602-307-5330.

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Housing

Family Housing Hub

www.fhhub.org

(602)595-8700

Native American Connections

www.nativeconnections.org

(602)254-3247

Arizona Housing Inc

209 W Jackson St., Suite 100, Phoenix, AZ 85003

www.azhousinginc.org

(602)228-7832

Interfaith Homeless Emergency Lodging Program (I-Help)

Temporary Shelter in alternating churches throughout the valley

<https://azcend.org/i-help/>

(480)963-1423

TLC Pride House

90-day Halfway House

749 W 2nd St. Mesa, AZ 85201

(480)833-1579

UMOM Women's Shelter

<https://umom.org/>

(602)362-5833

(480)890-3039 (for domestic violence)

Recovery

Lambda Phoenix Center

2622 N. 16th St., Phoenix, AZ 85006

<https://www.lambdaphx.org/>

Stonewall Institute

LGBTQ+ inclusive rehab program

4020 N. 20th St., Suite 302, Phoenix, AZ 85016

www.stonewallinstitute.com/lgbt-drug-rehab/

(602)691-7545

Informed Consent GAHT Providers

Southwest Center

Primary care and wellness for Queer and LGBTQIA2S+ individuals.

Health Clinic:

- Informed Consent GAHT
- Primary Care
- Free HIV/STI testing
- Free condoms
- PrEP/PEP
- Behavioral Health

The Gender Affirming Program:

- Legal Name and Gender Marker Changes
- Connection to local trans groups
- Gender affirming surgery resources

1101 N. Central Ave. Suite 200, Phoenix, AZ 85004

www.swcenter.org

(602)307-5330

Informed Consent GAHT Providers cont.

Fit Healthcare

- LGBT Healthcare
- Primary Care
- STD/STI Testing for a fee
- Diabetes Treatment

300 W Clarendon Ave., Suite #145, Phoenix, AZ 85013

<https://fithcc.com/>

(602)279-5049

Spectrum Medical

- LGBT Healthcare
- HIV Treatment/Care
- Primary Care
- STD/STI Testing

52 E Monterey Way, Phoenix, AZ 85012

<https://spectrummedicalcareaz.com/>

(602)604-9500

Identity Hormones and Healthcare

- LGBT Healthcare
- HIV and PrEP Management
- Telemed options

100 E Camelback Rd Suite 108, Phoenix, AZ 85012

<https://identityhormones.com/>

(602) 354-3925

Gender Affirming Providers

Terry Ballentine, ANP at Valleywise Health

Jina Williams, FNP at Valleywise Health

1101 N. Central Ave., Suite 204 Phoenix, AZ 85004

(602) 344-6550

Yarden Tahan, MD at HonorHealth Bethany Home

1515 E Bethany Home Rd Suite 120, Phoenix, AZ 85014

(602) 812-3080

Dr. Randy Gelow at Banner Health

4720 E Greenway Rd, Phoenix, AZ 85032

(602) 439-6000

Shireen Lawson, FNP at Adelante Mesa

1705 W Main St, Mesa, AZ 85201

(877) 809-5092

Nadia Ledesma, FNP at Bayless Healthcare

3620 N 3rd St, Phoenix, AZ 85012

(602) 281-7300

NOAH Heuser Clinic in Scottsdale (Multiple Providers)

7301 E 2nd St #210, Scottsdale, AZ 85251

(480) 882-4545

M. Ann Andrews, FNP at One Medical Biltmore Office

2201 E Camelback Road, Suite 101A, Phoenix, AZ 85016

(602) 218-4075

Gender Affirming Providers Cont.

Dr. Abhilasha Singh East Valley Diabetes (San Tan Valley Location)
2474 E Hunt Hwy, Ste 110, San Tan Valley, AZ 85143
(480)782-9631

Dr. DeShawn Taylor at Desert Star Family Planning
5501 N 19th Ave #420, Phoenix, AZ 85015
(480) 447-8857

Dr. Rose at Rose Medical
2024 North 7th Street, Phoenix, Arizona 85006, United States
(602) 872-4704

Erica Wadas - Foothills Primary Care Foothills Direct Primary Care
(Private Pay only)
425 E Agave Rd STE 106, Phoenix, AZ 85044
(480) 447-9184

Mark Knoblauch NP MSN - Your Health and Wellness
3326 N 3rd Avenue Ste 201, Phoenix, AZ 85013

Dr. Melanie Cloonan-Schulte - Internal Medicine
(Requires a "letter of readiness")
595 N Dobson Rd Suite D-76, Chandler, AZ 85224
(480) 821-0788

Dr. June Franzen
1951 Mesquite Ave, Ste E, Lake Havasu City, AZ 86403
(928) 733-6291

Telehealth GAHT/HRT Companies

Plume

Membership is \$99 a month

<https://getplume.co/>

Folx Health

Membership starts at:

- New Start HRT \$149 a month
- Maintenance HRT \$59 a month

www.folxhealth.com

Trans-Inclusive Providers

Gynecologists:

Dr. Cindy Churgin at Comprehensive Women's Healthcare

201 W Guadalupe Rd # 310, Gilbert, AZ 85233

(480)-813-0944

Dr. DeShawn Taylor at Desert Star Family Planning

5501 N 19th Ave #420, Phoenix, AZ 85015

(480) 447-8857

Dr. Danielle Stovaw at Dignity Health

500 W Thomas Rd Ste 720 And Ste 730, Phoenix, AZ 85013

(602) 406-3715

Trans-Inclusive Providers Cont

Dr. Ahmed Akl at Scottsdale Urogynecology
(480)656-0207

Valleywise Community Health Center
1101 N. Central Ave., Suite 204 Phoenix, AZ 85004
(602) 344-6550

Desert West Obstetrics & Gynecology
Locations in Glendale, Peoria, Estrella, Anthem and Phoenix
(602) 978-1500

Endocrinologists:

Heather Saran, DO at Honor Health Scottsdale Shea Medical Center

Urologists:

Academic Urology and Urogynecology of Arizona
Dr. Jeffery Stern for orchiectomies
(Accepts AHCCCS)
(623)547-2600

Gender Affirming Surgeons

Top Surgery:

Dr. Steven H. Turkeltaub, MD; Arizona Center for Aesthetic Plastic Surgery
(Accepts insurance, medical financing, Medicare; informed consent; 18+ only)
8502 E. Princess Dr., Ste. 240, Scottsdale, Arizona 85255
(480)451-3000

Dr. Toby Meltzer, MD; The Meltzer Clinic

Board-certified; WPATH member; accepts insurance and medical financing; \$100 in-person consultations; will operate on minors with parental consent; wait list 12 months following the consult.

Senza Pelo Med Spa satellite location on site.

7025 N. Scottsdale Rd., #302, Scottsdale, Arizona 85253

www.theMeltzerClinic.com

(480)657-7006

Dr. Randall Craft, MD; Arizona Center For Advanced Reconstruction and Aesthetics

6036 N. 19th Avenue, Suite 501, Phoenix, Arizona 85015

Hess and Sandeen Plastic Surgery

Dr. Richard Hess, MD and Dr. Sven Sandeen, MD

7436 N. La Cholla Blvd., Tucson, Arizona 85741

Dr. Craig Hurst, MD; Hurst Institute for Plastic Surgery

3170 N. Swan Rd, Tucson, Arizona 85712

Dr. Ethan Larson, MD; UA Health South Campus

(Only takes insurance patients)

2800 E. Ajo Way, Tucson, Arizona 85713

Dr. Raad Taki, MD (feminizing); Taki Plastic Surgery

4580 E. Camp Lowell Dr., Tucson, Arizona 85712

Dr. Dana Balderamma, MD

(Top Surgery on a case-by-case basis. Out of Pocket Only)

1945 Mesquite Ave., Suite D, Lake Havasu City, Arizona 86403

Gender Affirming Surgeons Cont.

Dr. Corwin D. Martin, MD (feminizing)
9450 E Ironwood Square Dr, Scottsdale, AZ 85258

Bottom Surgeries:

Hysterectomy

Dr. Burt Webb; Scottsdale Center for Women's Health
Hysterectomy, Vaginectomy

(Accepts insurance and Medicaid)

8415 N Pima Road, Ste 210 Scottsdale, AZ 85258 US

Dr. Danielle Stovaw; Dignity Health
500 W Thomas Rd Ste 720 And Ste 730, Phoenix, AZ 85013
(602) 406-3715

Dr. Ahmed Akl at Scottsdale Urogynecology
10661 N Frank Lloyd Wright Blvd Suite 102, Scottsdale, AZ 85259
(480)656-0207

Out-of-State Surgeons

Top surgery - San Diego

www.plasticsurgeryforsandiego.com

Top and Bottom Surgery - Texas

www.cranects.com

www.thetranscenter.com

Gender Affirming Surgeons Cont.

Top and Bottom Surgery - San Francisco

www.alignsurgical.com

Other Resources -

<https://find.plasticsurgery.org/city/phoenix>

www.dmgaz.org/appointments

www.transhealthcare.org

Aftercare, Electrolysis and Voice Therapy

Surgery Aftercare:

Rebecca Patton

"We are a group of trans caregivers and doulas for trans people having gender-affirming surgeries."

- Pelvic Floor Physical Therapy

www.pattonpelvichealth.com

- T4T Caregiving

www.t4tcaregiving.org

Electrolysis

Senza Pelo Med Spa

If your insurance covers it, you may be eligible for reimbursement.

www.senzapelo.com

(602)246-1966

Lighten Up Laser

www.lightenuplaser.com (ask for Tatianna)

Local Support

Trans Spectrum of Arizona

Trans Spectrum of Arizona's foundational programming is peer-to-peer support groups for the trans and ally community. Meetings are held virtually every Tuesday and the second and fourth Saturday of every month.

www.tzaz.org

Neuro Queer Support Group

Hosted by Mindy Robbins (they/them), LPC

A support group focuses on building community and support for LGBTQ+ and neurodivergent folks (ADHD, Autistic, and those living with other mental health conditions). Topics discussed in this group include sexual health, healthy relationships/ boundaries, gender and sexuality exploration, and advocating for support needs. This group provides an affirming space for group members to share and learn helpful tools and skills, and build connections with other neuroqueer folks in the Phoenix area. This group acknowledges self-diagnosis and is polyam and kink affirming. Sliding scale options are available for those in need of financial support.

www.psychologytoday.com/us/therapists/mindy-robbins-phoenix-az/392539?gid=196432

Queer in Arizona

A steadily growing, queer-run non-profit dedicated to building community support and engagement outside bars/clubs.

www.queerinarizona.com

<https://linktr.ee/QueerInAz>

Instagram @queeriaz

Local Support cont.

Arizona Transgender (AZTG)

A social support group on the app 'Meetup', run by community members and sponsored by Sena Pelo Med Spa.

Trans Queer Pueblo

Trans Queer Pueblo is a base-building racial and gender justice organization that is collectively governed by a growing membership of 300+ trans and queer undocumented and documented migrants and people of color in Phoenix who organize to transform our city toward fellowship, family, community autonomy, self-determination, and liberation.

www.tqpueblo.org

Phoenix Queers

This group is for any and all Bisexual/Pansexual/Queer/Trans/Poly people in the Phoenix-Tempe area who want to meet other LGBTQIA+ people to socialize and create community.

For more information visit them on meetup.

Gender Identity Center

Each group runs one day a week for 8 to 10 weeks, depending on the group. Groups are run by a licensed therapist and involve a combination of process and education. They are typically comprised of 6 to 8 clients within the same age range, struggling with the same topics, and they provide a powerful outlet for peer support.

(\$45 a session)

For more information about upcoming groups, please email us at:

info@genderidentitycenter.com

www.genderidentitycenter.com

Local Support cont.

Phoenix Gaymers

Phoenix Gaymers is Arizona's Largest Gay Gaming Group Our Mission is to overcome the isolation and inequality that challenge a healthy, united, and empowered LGBTQ+ community through shared acts of service, charity, and education by forging new and strengthened friendships between LGBTQ+ individuals and groups through a shared love of gaming.

For more information, find them on meetup, facebook, or Instagram

Equality Arizona

"Equality Arizona is a non-profit organization focused on improving everyday life for LGBTQ+ Arizonans through better politics and policy. Equality Arizona is composed of a 501(c)(3), the Equality Arizona Foundation; a 501(c)(4), Equality Arizona; and the Equality Arizona Political Action Committee."

www.equalityarizona.org

The Black Phoenix Organizing Collective

"Black Phoenix Organizing Collective (BPOC) is building a bigger, better, Blacker future in Phoenix, Arizona. We practice cultural organizing among intergenerational Black folks that centers queer and trans people, formerly incarcerated, disabled people, and Muslim immigrants/refugees. BPOC is building Black power through political education, leadership development, and creating independent, self-reliant, and generative alternatives to systems of oppression. We prioritize the needs of Black people through two programs: Disability Justice and Reproductive Justice. We believe that supporting mental healthcare, holding and creating space for vulnerability is a piece of how we free ourselves as abolitionists.

Local Support cont.

The Black Phoenix Organizing Collective cont.

We are moving to breaking down harmful systems and building new ones. We also learned over the last year that we also have to commit ourselves to transformative justice practices even when it's painful, or uncomfortable in all spaces."

www.blackphxoc.org

The Outlaw Project

"The Outlaw Project is based on the principles of intersectionality and prioritizes the leadership of Transgender Women, BIPOC, gender non-binary, migrant and sex worker folks. Ensuring our rights and health as a first step will ensure the rights and health of all. We believe that accessible, safe and secure housing is the best way to support our community."

www.theoutlawproject.org

Project Binder Finder

Presented by Terros Health and the Queer Center

'Expression Thru Compression'

Project Binder Finder is a program by the Queer Center specifically for our transgender and nonbinary community. This project was designed to help individuals feel confident in finding the right size, style, and color of binder before purchasing one. We recognize the challenge of measuring properly and matching skin tone as well as the fact that the valley does not currently have any other location where folks can try on binders."

<http://www.queercenter.net/index.php/project-binder-finder/>

Local Support cont.

AHCCCS Enrollment/Foodstamps

Noah Helps

<https://noahhelps.org/new-patients/>

(480) 882-4545

Mountain Park Health

www.mountainparkhealth.org

(602) 243-7277 (Call 24/7)

Phoenix Pride

Phoenix Pride unites, educates, and engages people to support and empower the LGBTQ+ community and our allies.

Academic Scholarships and Community Grants available annually.

www.phoenixpride.org

Parents and Friends of Lesbians and Gays (PFLAG)

"PFLAG is the United States' first and largest organization uniting parents, families, and allies with people who are lesbian, gay, bisexual, transgender, and queer.

PFLAG National is the national organization, which provides support to the PFLAG network of local chapters."

www.pflag.org

Gay Lesbian and Straight Education Network

GLSEN is an American education organization working to end discrimination, harassment, and bullying based on sexual orientation, gender identity and gender expression and to prompt LGBT cultural inclusion and awareness in K-12 schools.

www.glsenarizona.org

National Support

National Center for Transgender Equality

"The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice."

This website offers self-help guides to name & gender marker changes, insurance, and legal assistance.

www.transequality.org

The Gender Affirming Letter Access Project

"We are a group of transgender, nonbinary, and allied mental health clinicians in the U.S. who believe in improving access to letters for clients who are seeking gender-affirming medical care. We resist the harmful practices of gatekeeping and believe in an informed consent model where clients can affirm their gender identity without the steep cost of sessions with mental health professionals and reductionist clinical practices. As such, we want to create a movement towards to providing free and low-cost letters for gender-affirming access to medical care."

www.thegalap.org

Human Rights Campaign

"Our goal at the Human Rights Campaign is to ensure that every LGBTQ+ person is free to live their life openly, with their equal rights ensured. We know that goal requires that we keep educating, supporting and inspiring ourselves and each other. In the spirit of that continual growth, we've compiled information and advice on a range of topics, including resources from the HRC Foundation"

www.hrc.org/resources

www.hrc.org/resources/healthcare-facilities

Grants and Scholarships

Broadway Gatlyn Spectrum Grant (Arizona)

www.imperialcourtaaz.org/broadway-gatlyn-spectrum-grant

Point of Pride

Point of Pride's Annual Transgender Surgery Fund is a scholarship-like program that provides direct financial assistance to trans folks who cannot afford their gender-affirming surgery.

www.Pointofpride.org

Aadya Rising

Annual Gender-Affirming Surgery Scholarships, Applications open August 6th 2022-October 6th 2022

www.AadyaRising.net

@aadyarising on Instagram

Jim Collins Foundation

The mission of the Jim Collins Foundation is to provide financial assistance to transgender people for gender-affirming surgeries.

The 2022 grant cycle is closed. The 2023 grant cycle will open on June 1, 2022, and will close on August 15, 2022.

jwww.jimcollinsfoundation.org

Genderbands

Surgery applications are open every year from November 1 to December 31.

www.genderbands.org/grants

CRISIS HOTLINES

Maricopa Mental Health Crisis Line

(602)222-9444

Arizona Community Resource Line 211

Trans Lifeline (877) 565-8860

A trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive

The Trevor Project (866) 488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

National Suicide Prevention Lifeline (800) 273-8255 (online chat available)

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Crisis Text Line Text START to 741-741

Crisis Text Line is free, 24/7 support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor.

The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564

The GLBT National Youth Talkline: (800) 246-7743

Serving youth through age 25



**To add a resource to the
Community Resource Guide
please email marketing@swcenter.org**

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